



# PREMIERE PRO CC

## Shortcuts

### PREMIERE PRO CC KEYBOARD SHORTCUTS

Function	Mac OS	Windows
Export Media	Command + M	Ctrl + M
Import Assets	Command + I	Ctrl + I
Apply Default Video Transition	Command + D	Ctrl + D
Apply Default Audio Transition	Shift + Command + D	Shift + Ctrl + D
Apply Both Video and Audio Default Transitions	Shift + D	Shift + D
Render Effects in Work Area	Return / Enter	Return / Enter
Lift	;	;
Extract	'	'
Zoom In on Timeline	=	=
Zoom Out on Timeline	-	-
Mark In Point	I	I
Mark Out Point	O	O
Go to In Point	Shift + I	Shift + I
Go to Out Point	Shift + O	Shift + O
Go to Next Marker	Shift + M	Shift + M



# PREMIERE PRO CC

## Shortcuts

### PREMIERE PRO CC KEYBOARD SHORTCUTS

Function	Windows	Mac OS
Go to Previous Marker	Command + Shift + M	Ctrl + Shift + M
Go to Next Edit Point	Down	Down
Go to Previous Edit Point	Up	Up
Go to Beginning of Sequence	Home	Home
Go to End of Sequence	End	End
Toggle Play/Stop	Space	Space
Play In to Out	Option + K	Ctrl + Shift + Space
Shuttle Left	J	J
Shuttle Stop	K	K
Shuttle Right	L	L
Step Forward One Frame	Right	Right
Step Back One Frame	Left	Left